

## Sheffield Carers Centre

### Leaflet for professionals to give carers

Do you provide unpaid support or care for someone? You might see it as something you do because a member of your family or a friend needs your support or help. We see it as caring, and you are a carer.

Sheffield Carers Centre is here for you. We encourage you to join the community of carers in Sheffield and have access to practical support and contact with others who understand your experience.

It's free and easy to do – simply complete the form below or email [support@sheffieldcarers.org.uk](mailto:support@sheffieldcarers.org.uk) or call 0114 272 8942.

Joining the community of carers gives you these benefits.

- **Carers Advice Line:** for 1:1 personalised expert information, advice & support on anything related to your caring role. One of the Carer Advisers is an Urdu/Punjabi speaker & we use an interpretation service for other languages.
- **Carer Card:** gives discounted activities, services and products & space to write two emergency contact numbers.
- **Group activities & workshops:** that meet carers' support needs & provide opportunities for carers to meet each other.
- **Community Connect:** 1:1 telephone support for carers who are isolated.
- **Carers Café:** for social contact with other carers.
- **Carers support groups:** up to date information about all the groups in Sheffield.
- **Carers Enews:** for regular up to date information. Carers who do not have email receive an annual update letter.
- **Information & resources:** on the website of Sheffield Carers Centre.
- **Legal advice:** session on certain carer-related topics.
- **Welcome Pack** with information about our services.
- **Digital Resource for Carers:** providing information, eLearning, resources & the Jointly app.
- **Carers Assessment:** which discusses with you the impact of providing care & the support that you need.

We'll keep your information safe in line with our privacy statement. We'll also send you a Welcome Pack and Carer Card as soon as possible after receiving your form.

**I'd like to join the community of carers in Sheffield. Please send me a Welcome Pack and Carer Card.**

Full name	
Date of birth	
Postal address	
Email address	
Phone number	
How long have you been caring for?	Less than 12 months <input type="checkbox"/> More than 12 months <input type="checkbox"/>
Gender?	Male <input type="checkbox"/> Female <input type="checkbox"/> Other (please describe) <input type="checkbox"/>
How do you define your ethnicity?	
Where did you receive this form?	

**Please return by post to: Sheffield Carers Centre, Dearing House, 1 Young Street, Sheffield S1 4UP or call at the office and leave it with reception or scan and email to [office@sheffieldcarers.org.uk](mailto:office@sheffieldcarers.org.uk)**