

How we help and support carers with a range of support & advice & information

AN INTRODUCTION TO OUR SERVICES

Sheffield Carers Centre has been developing and delivering services to thousands of carers in Sheffield for over 25 years. We suggest you visit the 'Our Services' page of our website for up-to-date information on the full range of support and services offered.

Carer Advice Line

Our dedicated team of Advisors provide a comprehensive range of practical information, advice, signposting and a listening ear. The Carer Advice Line is open from 9am to 5pm on Monday-Friday: 0114 272 8362

Carer Card

This Card is free for all carers registered with us and gives access to discounts and offers from a wide range of local and national businesses. Details of the offers available and how to register for a Card are on our website.

Carer's Assessment

This is a legal right of all adult carers looking after an adult. The purpose is to discuss how caring impacts the carer and what solutions will address those issues. People aged 18 and over who provide unpaid care for an adult in Sheffield can request an assessment from the Carers Centre, which is responsible for carrying out Carers' Assessments on behalf of Sheffield City Council. One of our Advisors will guide you through the process. Visit our website for more details, and if you have any queries call the Carer Advice Line on 0114 272 8362 or email: support@sheffieldcarers.org.uk

Carers Cafe

Our 'Carers Cafe' meets via Zoom at 10am every Friday morning. For more details please visit our website, or email our organiser: jan@sheffieldcarers.org.uk or phone her on 0114 278 8942

Carers News!

This free monthly Enewsletter provides unpaid carers and professionals with up-to-date news and information about various services and activities. Previous issues are available to read on our website, where you can also register to receive copies if you haven't already done so.

Carers Support Groups

We work with various community groups that organise regular meetings of carers, to share experiences and have a break from caring. Details of dates and times are on our website or you can email: jan@sheffieldcarers.org.uk

Community Connect

Our team of volunteers call carers on a weekly or fortnightly basis to reduce social isolation and provide a friendly listening ear. Contact us by phone or email if you would like to discuss using this service.

Plan for an Emergency

We help carers prepare plans to ensure that the person being cared for is looked after in an emergency.

Time for a Break

Advice on ways to arrange a break from caring that can create some quality time for carers.

AN INTRODUCTION TO OUR INFORMATION LIBRARY

In addition to the above services, our website has links to a wide range of resources and information provided by local, regional and national organisations that support carers. We encourage carers to visit our website to check the content as details are update regularly. Anyone unable to access the internet can call 0114 278 8942 and we'll arrange for information to be posted.