



# Volunteers needed for a research project



Are you living with  
Schizophrenia, Bipolar or  
Schizoaffective  
Disorder?

Are you supporting  
someone with these  
mental health  
conditions?

Would you like to join our  
consensus group and help us  
develop a new physical  
activity programme for  
people living with severe  
mental illness?

## What does it involve?

The consensus group will help us to make decisions about the physical activity programme.

You will be invited to 4 meetings with other members of the consensus group between Sept 2021 and Sept 2022. We'll let you know what the meetings will involve before you agree to joining the group.

There will also be some ad-hoc communication – such as email communication, asking your thoughts and checking documents.

You will be offered a £20 shopping voucher for each meeting you attend  
Travel expenses also provided

Please get in touch with  
Sam for more information



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