



free webinar  
24 November

[More details >>>](#)

### Free webinar on 'Carers Rights' Tuesday 24 November

We believe it's important carers understand their rights and are able to access the support available. Carers need to know their rights wherever they are in their caring journey. The free webinar includes a presentation by Irwin Mitchell and cover topics such as 'The right of carers to access support'. Use the link for more details and to book a place on the webinar.

### New vacancy for a Carer Advisor

We are looking for a Carer Advisor to join our busy, skilled and supportive team – someone with experience of assessment and of helping people to manage challenging situations. The role involves providing information, advice and support to carers and carrying out statutory Carers Assessments, all of which is currently being done by phone. Please use the link for more details and an application form.



### Well done to the team for achieving the ISO 9001 accreditation

We are delighted and proud to announce that Sheffield Carers Centre has achieved the prestigious ISO 9001 Certification. This internationally recognised quality standard is evidence an organisation has a robust quality management system in place. In our case, it is also one of the requirements for membership of The Carers Trust network.



### New report on support for carers at GP surgeries in Sheffield

Healthwatch Sheffield has just launched a report showing the feedback they received from carers of all ages on the experiences they had when visiting their GP. It includes examples of what worked well and what didn't work so well. Use the link on the left to read the report and about the recommendations that have been made to help surgeries improve their services.



### Government advice was updated at the start of November

The Government updated its advice and guidelines on how you can safely expand the group of people you have close contact with during the coronavirus pandemic. Use the link on the left to visit the page on the Government website with details of 'what a support bubble is' along with advice if you are clinically vulnerable, or if you know someone that is.



### Free 'wellbeing' course

This course aims to provide support to family and friends who are adult carers and want to learn ways of managing their mental and physical wellbeing. The course, which requires a GP referral, is an opportunity to meet people who share similar experiences. The aim is to develop and teach new skills that may help in coping with the demands of a caring role. Use the link to view a leaflet with details of the course.



### Carers Trust online Christmas Carol Concert on 10 December 2020

This year's Carers Trust Christmas Carol Concert will be streamed from St John's Smith Square in London. Join the concert to help support unpaid carers and enjoy beautiful seasonal music from the acclaimed City of London Choir, along with readings from stars that include Hugh Bonneville, Derek Jacobi and Emma Thompson. Use this link for more details including how to book.

### Watch this NHS video on flu jabs for people with learning disabilities

This is a short NHS film about the importance of the flu vaccination for people with a learning disability and autistic people with certain health conditions. The film covers why it is important, who is eligible for a free vaccine, where you can get the vaccine and reasonable adjustments. Please use the link on the right to watch the video that provides more information.



### Free Annual Health Check

While we all have to look after our health, people living with severe mental illness and people with learning disabilities need to be a little extra careful. They may also be eligible for a free annual physical health check at their GP Surgery. Please use these links to the [Rethink](#) and [Mencap](#) websites for more details about the annual health checks, why they are important and how they can be accessed.

### Take part in this NHS survey on stoma services in Sheffield

Sheffield Clinical Commissioning Group are asking for feedback from people using stoma services; as they are considering starting a telephone order service that would be available to all patients in Sheffield needing stoma appliances. [Click here for more detail](#) or you can go straight to the survey and take part by using the link on the right.

