

The roll out of Covid-19 Vaccine

The national roll-out started last week and will be delivered to a range of 'priority groups' over the coming months. The details of how the vaccine will be delivered in Sheffield are not available yet. Even with the vaccine, it remains very important that we all keep up with the basics of protection (such as washing hands, social distancing etc) during the Christmas period and beyond. Please [click here](#) to visit the Government website for more details about the vaccine nationally. Use the section below for local information.



Sheffield
City Council

Keep updated on
local resources for
help and support

Links in text >>>

Keep updated at the local level

Here are some useful links for information from the Council: Please [click here](#) for a series of regular and informative videos from Greg Fell, Sheffield's Director of Public Health.

Please [click here](#) to visit the 'Coronavirus Hub' on the Council website which has lots of information and where you can also sign up for regular email alerts. The Council Community Hotline is open 7 days a week on 0114 273 4567

Short NHS video to explain the December 'Christmas Bubble'

The Government and NHS have produced a short one-minute video about the exclusive 'Christmas Bubble' that can be formed by up to three households for 23rd to 27th of December. The video helps explain what members of the bubble can and can't do during this period. It also advises careful consideration of including any vulnerable family members in the bubble.



Christmas
Bubble Video

Link to video >>>



Let's
Keep in touch

New free guide
to help carers
'keep in touch'

More details >>>

Our new guide to help carers maintain social connections

We're delighted to announce the launch of a new guide to help carers and those they care for maintain social connections during a time of physical distancing. Use the link on the left to visit our website where you can read and/or download a copy. Alternatively, please phone or email our office if you would like us to post you a printed version of the guide.

Free flu jabs now being rolled out to over-50s from December

Adults over the age of 50 are able to get their free flu vaccine in the next phase of this year's expanded flu vaccination programme. The roll out of the flu vaccine to eligible over 50s is separate to any Covid-19 vaccine roll out. For local information contact your GP practice. Use the link to read the press release about this phase of the roll out on the Government website.



More details >>>



Sheffield
Dementia
Action
Alliance

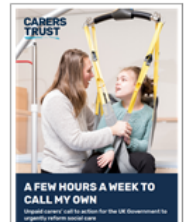
More details >>>

Help this new initiative to make Sheffield a dementia friendly city

Do you have experience of supporting someone living with dementia? Do you want to help make businesses in Sheffield become more dementia friendly? Join this working group to share your experiences, and help identify ways Sheffield businesses can make their services more dementia friendly. Use the link for details on how to contact the group that is meeting in January.

Read the results of the Carers Trust latest survey on social care

The Carers Trust has published the results of their latest survey on social care. The Trust commented: "We now have an important evidence base to carry forward in our lobbying and campaigning work to improve support for unpaid carers across the UK". Use the link to read the key survey findings and download a copy of the full report.



More details >>>



YOUR
OPINION
MATTERS

Link to invite >>>

Help one of our volunteers research the everyday experiences of carers

One of our newest volunteers is a student at Sheffield University. As part of her course she is conducting a study into 'The everyday experience of informal carers in Sheffield' and wants carers to comment on topics like the support they receive and if it is enough? Use the link for more details as she aims to start gathering feedback from carers via Zoom in January.

Thanks for supporting last month's campaign for Carers Rights Day

We were delighted to work with Sheffield Young Carers and Sheffield City Council on a week long campaign to promote Carers Rights Day. This included (1) interviews on BBC Radio Sheffield (2) posting a series of short videos on social media (3) a free webinar by solicitors Irwin Mitchell on Carers Rights. Use the link to visit our website for more details of the campaign.



Thanks for
your support

More details >>>

OUR THANKS FOR ALL YOUR SUPPORT THIS YEAR

2020 has been a very difficult year for everyone - and particularly for carers who have faced extra pressures and responsibilities. The work of Sheffield Carers Centre remains as essential as ever, and we would like to say a huge thank you to everyone who has supported the Centre in various ways during this challenging year. The Trustees and team send you all our very best wishes for a Merry Christmas and a brighter 2021

