

Short-term care for older people

Overview: Sheffield City Council launched an online survey in July 2020 asking for residents' views about short-term care for older people. This is care which supports a person for a limited period of time. Typically, it is used when family members (unpaid carers) are temporarily unable to provide support, or need a break from their caring role.

The results: Sheffield City Council are grateful for the feedback from everyone that took part and the results appear in below. The information from this consultation will be used to help Sheffield City Council produce a short-term care strategy for older people. The strategy will help change and improve short-term care options across the city.



Your thoughts on short term care for older people October 2020

Thank you!

We had 53 respondents providing a range of viewpoints, including...

- Unpaid carers
- Social care workers
- Care providers
- Health professionals

Factors

The factors when considering short term care were prioritised as...

Quality



Availability



Person Centred



Aims

The short term care strategy that we propose to put in place aims to...

- Offer carers a break from their caring role.
- Allow carers to pre-book support so they can plan ahead.
- Offer both carers and cared-for people a range of options for more personalised breaks.
- Offer responsive support to the cared-for person and family at a time of need.
- Offer short term overnight support in a range of settings.

All responses agreed with the aims above being set out in the strategy, with some added considerations such as...

Ensuring emergency and rapid access to short term care options



Develop opportunities to build familiarity of care providers and the cared for person



Positive Experiences

Responses included both residential settings and in the person's own home. Information and communication were common factors in positive experiences, as was having consistent relationships between the person and care giver



Lack of flexibility in choice

Lack of decisions when booking urgent respite

Negative Experiences

Inconsistent care workers resulting in a lack of connection with the person

The largest factor mentioned was however the lack of information on availability

Have you heard of?

When presented with alternative forms of short term care, most people had heard of Homecare and Shared Lives, but not Supported holidays



- Homecare - 85% had
- Shared Lives - 72% had
- Supported Holidays - 36% had

More so, when asked about use, just over a third had accessed Homecare, and 1 in 10 had used Shared Lives or Supported Holidays



- Homecare - 37% used
- Shared Lives - 9% used
- Supported Holidays - 11% used

What's important to you

Confidence in the quality of care provided

Access to short-term care at different times of the day/week

Access to short-term care of different types and in different settings

Other types of short term care that were shared include...



- Live in carer support
- Social day time groups



Suggestions

Coastal respite opportunities for person and carer



Personalised outcome based breaks



Morning and evening respite options



What happens next? ???

Your feedback will now be used to help design the model for short term care for older people in Sheffield.

We will be back in touch with you soon for your thoughts on the proposed model, so please keep an eye on your email inbox.

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