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Welcome to *Carers News!* #2 April 2020

Sheffield Carers Centre's online newsletter.

As well as giving you important updates, we will be led by the needs of local carers, so we want to hear your thoughts about this newsletter. Just click 'reply' to this email to send us your feedback.

Dear Carer,

We recognise how difficult this time is for so many of you and we continue to be here for you. We are sending the second issue of our new-look newsletter earlier than our scheduled monthly mail-out, to bring you important updates.

Making Plans for an Emergency

It is important that all carers think about how to keep the people they look after safe and well in the event of them being unable to care, due to being unwell or some other problem.

[There are useful resources to help plan for an emergency here on our website.](#)

Carers UK are collecting carers' experiences during the Coronavirus (COVID-19) outbreak

Take 15 minutes to fill in the survey to add your voice and help them build evidence of how carers' lives are being affected. Deadline is this Monday 13th

April: <https://www.surveymonkey.co.uk/r/HJN2CRW>

Due to the COVID-19 outbreak, Sheffield Carers Centre has made changes to its services for carers. Please find details below.

Our Advice Team provides practical and emotional support, advice, information or just a listening ear. Please continue to contact us if you have any enquiries or would like to discuss any aspect of your caring role. You can also email support@sheffieldcarers.org.uk

During the Coronavirus (COVID-19), our Carer Advice Line is available Monday-Friday 10am - 4pm on 0114 272 8362.

Outside of those hours, or if the line is busy, you can leave a voicemail message. Please clearly state your name and phone number and we will call you back.

Registering with Sheffield Carers Centre

If you are receiving *Carers News!* you are already registered as a carer on our database, or you are a professional we work with.

If you are in touch with an adult carer who looks after an adult resident of Sheffield because they have a disability, illness, are elderly, frail, have mental health needs or a drug/alcohol problem, please let them know they can register with the Carers Centre.

To register, a carer can call 0114 278 8942, email support@sheffieldcarers.org.uk or complete the online form at <https://sheffieldcarers.org.uk/contact-us/register/>.

Carers will be sent a welcome pack with information about our services and if they have an email address, they receive this newsletter, which provides regular news and information of interest to carers.

Normally, newly registered carers would receive a Carer Card. However, we are not sending out Carer Cards during this period. We will automatically post out outstanding Carers Cards when normal services resume after the COVID-19 outbreak.

Community Connect

The Community Connect service provides regular telephone contact with carers who are isolated. During the COVID-19 outbreak we are maintaining regular contact with carers who are isolated and in need of more support during this period. If you would like to receive this service please contact the Carer Advice Line (0114 272 8362).

Website

You can keep updated about our services and access links to reputable sources of information on the dedicated Coronavirus (COVID-19) page on our website: <https://sheffieldcarers.org.uk/information-for-carers-and-others-about-coronavirus-and-covid-19/>

Social Media

If you use social media, our Twitter account and Facebook page are good ways of receiving updates quickly.

Click on the icons below to stay updated with information about services for carers:



Twitter Facebook

Carers Needs Assessments

In order to make best use of resources at this time we are prioritising urgent situations. This means situations in which the caring situation is at, or close to, breakdown. A Carer Adviser will work with you to address the urgent needs as far as possible.

Groups

The Carers Café and Mental Health Hub are suspended until the outbreak is over and social distancing measures are no longer in place.

Carers News! is produced by Sheffield Carers Centre.

Registered charity no. 1041250

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Past Issues

No longer a carer or moved away from Sheffield? Please let us know by replying to office@sheffieldcarers.org.uk

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