

## Welcome to the November issue of Sheffield Carers Centre's Carers e-Bulletin!

**This month:** we want to invite those of you who have completed our [survey](#) to attend a session to discuss your responses further, on Tuesday 26 November. We are also getting very excited for our 25<sup>th</sup> anniversary celebrations and AGM on Friday 29 November – don't forget to let us know you're coming [here!](#)

Also in this issue: we have free tickets to see guitar virtuoso Martin Simpson, Sheffield Teaching Hospitals are collecting views on visiting hours, and there's valuable advice from Age UK about care homes.

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## We want your views, join us on Tuesday 26 November!

We recently sent out a survey asking you to tell us about your experience of being a carer and supporting Sheffield Carers Centre. We're delighted that we've had almost 200 people complete the survey and the feedback you have given has been invaluable. If you haven't yet contributed to the survey, please do so here: [bit.ly/supporters-survey](http://bit.ly/supporters-survey)

As we mentioned in the survey, we are setting up sessions to discuss your responses further, so we can really understand how best we can work together to support carers and their families. We have 2 sessions on **Tuesday 26 November**: the first will run from **10.30 - 11.30am** at Sheffield Carers Centre, and the second from **5.30 - 6.30pm** at the Central United Reformed Church, 60 Norfolk Street, S1 2JB. No advance preparation is needed (other than completing the survey). Refreshments will be provided and travel expenses covered. Places are limited, so please email [office@sheffieldcarers.org.uk](mailto:office@sheffieldcarers.org.uk) as soon as possible to let us know which session you can attend – or if you can't make it, let us know if we can talk to you by phone.

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## 25th anniversary celebrations: Friday 29 November!

We're so excited about seeing carers, colleagues and friends at our 25th anniversary celebration and AGM at the Cutlers' Hall on Friday 29 November! The celebrations begin at 11.45 with an opening by the Lord Mayor of Sheffield, followed by birthday cake and activity tasters. The AGM begins at 1.30pm and will include a special guest speaker: Paulette Edwards from BBC Radio Sheffield. Let us know you're coming! [bit.ly/agmtickets](http://bit.ly/agmtickets)



**25**

Sheffield Carers Centre 25th Anniversary Celebration & AGM 2019  
11.45 - 14:30 Friday 29 November  
at Cutlers' Hall, Church Street S1 1HG

Our Anniversary Celebration (11:45-13:15) will be opened by the Lord Mayor of Sheffield. Join us for a social event with treats, taster activities and offers from Carer Card businesses, a raffle and birthday cake!

Our AGM (13:30 - 14:30) marks the progress made in 2018/19 and features special guest speaker Paulette Edwards from BBC Radio Sheffield



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All carers, professionals and friends welcome  
Book a place at [bit.ly/agmtickets](http://bit.ly/agmtickets)

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**Sheffield Teaching Hospitals** are currently reviewing their new visiting hours, which have recently been extended to allow flexible visiting between 8am – 8pm.

They have a survey open to recent inpatients and their visitors, as well as staff who work in areas affected by the change. The survey runs until 31 December: <http://ratenhs.uk/gsWjUI>

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**Martin Simpson in concert: FREE tickets for carers!**

We have 3 pairs of free tickets for carers to see the wonderful guitarist, Martin Simpson on Thursday 19 December at 7:30 in Firth Hall, Firth Court, Western Bank, Sheffield S10 2TN. Simpson is one of our finest acoustic and slide guitar players so this solo show will be a wonderful early Christmas present!

If you would like a free pair of tickets, please email [office@sheffieldcarers.org.uk](mailto:office@sheffieldcarers.org.uk) with your name and contact number **by 9am this Friday 15 November**. We allocate tickets at random and will contact the winners next week.



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Our friends over at **Sheffield Mencap & Gateway** are running a free creative taster session at Dore & Totley United Reformed Church on Totley Brook Rd as part of their Carers Outreach Project (COPE) on Wednesday 4 December 10am – 12noon.

For more information about their outreach to carers call 0114 2758 879 or email [cope@sheffieldmencap.org.uk](mailto:cope@sheffieldmencap.org.uk).

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**Age UK** have produced a guide to Care homes, which looks at how to find a care home, paying for care, ways to help someone settle in and what to do if you experience problems with a care home.

There is also a checklist for you to consider when looking around homes. Both guides are available on their website: <http://email.ageuk.org.uk/q/112uj3SWj0Yhb5kiH34/wv>



As always, if you need advice, information or support please contact Sheffield Carers Centre. Our Carer Advice Line (9am - 6pm, Monday-Friday) 0114 272 8362 or email [support@sheffieldcarers.org.uk](mailto:support@sheffieldcarers.org.uk)

If you no longer wish to receive our Newsletter or e-Bulletin and would like to us to take you off the city's carer register, please unsubscribe by clicking 'Reply' to this email and letting us know.