



Welcome to our Sheffield Carers Centre e-Bulletin!

We hope this helps keep you up to date with the latest news, activities and service information for the 60,000 unpaid carers in the city.

This month we're letting carers know about the **City Wide Alarms** system that could be useful for the person they care for, or themselves. We also wanted to celebrate what was done during **Carers Week 2019** (10-16 June) and encourage services and businesses to keep up the good work of recognising and supporting the city's amazing carers. We've also got news about **Sheffield Mencap's Summer Fair on 22 June**, consultation on **Changing Places accessible toilets** (that ends on 21 July), and free training courses via **Future Learn**.

As always, if you need advice, information or support please call our Carer Advice Line on 0114 272 8362 or email support@sheffieldcarers.org.uk

City Wide Care Alarms information session: Monday 1 July, 10:30 - 12 noon. Sheffield Carers Centre, Concept House, 5 Young Street, S1 4UP. Book by emailing: Frazer.Kirk@sheffield.gov.uk

City Wide Care Alarms is there for anyone who feels a need for the security, safety or increased independence it can bring, either for them or their family. Although many of their current users are elderly, some of whom live alone, the service is available for anyone over 18 who lives inside the Sheffield boundary.

They already support thousands of people across the city. Many people have the service for the security it brings, knowing that if something does happen they'll have someone they can contact straight away, to provide the help and support they need. Their service is inspected by the Care Quality Commission (CQC) and has been rated as Good.

Carers Week 10-16 June

Sheffield Carers Centre, along with local businesses, other services and charities, celebrated the annual event that recognises carers' contribution and the challenges they face with lots of different activities, including:

- **prize giveaways every day to carers**
- **beauty samples, pampering and craft activities at John Lewis' iconic city centre store**
- **a poster campaign with carers, health and social care workers, GPs, MPs and the public all helping to increase awareness of carers' amazing role in our communities.**



Sheffield Mencap's Summer Fair! Saturday 22 June, 1 - 3pm. Norfolk Lodge, Park Grange Rd, S2 3QF

Sheffield Mencap is welcoming the return of its Summer Fair, featuring a bouncy castle, cake stall, BBQ and a whole host of interactive stalls! The event is open to the general public, and they particularly want to invite people with learning disabilities and/or autism and their families to come and enjoy a friendly, fun afternoon.



Changing Places Toilets - have your say!

This consultation seeks people's views on how the Government can increase provision of Changing Places toilets in specific new, large buildings commonly used by the public, as well as those undergoing building works. The proposed approach is to introduce a mandatory requirement for Changing Places toilets in Building Regulations. What do you think? [Share your views with the consultation here.](#)

Future Learn courses: free and online

Click below to see some of the courses that might appeal to carers:

[Dementia Care: Staying Connected and Living Well](#)

[The Importance of Play in Daily Life](#)

[Younger Adult Carers \(or carers of young people\): Young People and their Mental Health](#)

As always, don't forget to check out the offers available through our Carer Card, which now includes 10% off at AMT Coffee outlets at Northern General and Royal Hallamshire Hospitals [Click here for all our great discounts or to apply for your free Card.](#)



The image shows a 'Carer Card' form. At the top left, it says 'Carer Card' in a stylized font. To the right is the 'carerstrust Sheffield Carers Centre' logo with the phone number '0114 278 8942'. Below this are three input fields: 'Name:', 'Card Number:', and 'Card Expires:'. The 'Card Expires:' field has a small 'Sheffield Carers Centre' logo to its right.

For more up to date information on activities and news plus new offers through the Carer Card, follow us on [Facebook](#) and [Twitter](#). We welcome your feedback on the e-Bulletin and the Newsletter, which you should be receiving too.

To unsubscribe from the e-Bulletin, please click the link at the bottom or send a reply. If you no longer require any of the services of Sheffield Carers Centre, please email office@sheffieldcarers.org.uk.