

MONDAY 10 JUNE

TUESDAY 11 JUNE

WEDNESDAY 12 JUNE

THURSDAY 13 JUNE

FRIDAY 14 JUNE

FIND DETAILS OF ALL CARERS WEEK EVENTS, BUSINESSES' OFFERS & ACTIVITIES ONLINE: SheffieldCarers.org.uk/CarersWeek

Every day we're doing a prize giveaway for carers including tickets to Tramlines Festival, B&B nights, Spa days, Family days out and high street vouchers.

## John Lewis

### Offer

- New Summer Look
- Foundation match with 10 day sample
- Find your signature fragrance
- Luxury arm and hand massage
- Mini facial
- Scalp analysis and hair consultation
- Feel good facial
- Brow mapping
- Hair styling with Dyson (Friday & Saturday only)
- Fragrance samples
- Skin care consultation and samples

### Counter

- Dior
  - Estee Lauder
  - Guerlain
  - Liz Earle
  - Elemis
  - Aveda
  - origins
  - Benefit
  - Dyson
  - Fragrance
  - Clarins
- There are a limited number of Yves Saint Laurent vouchers to give you and a friend a complementary 15 minute makeover, including luxury foundation sample

- Visit our information stall 10:30 - 3:30 (bottom of the escalator on the ground floor)
- Drop in to our craft activities in the Haberdashery department 10:30 - 3:30
- Walk up to the beauty and fragrance counters (list on left) for demonstrations, tips and samples (available when staff are not serving a customer)

Free parking at John Lewis for carers with their Carer Card during Carers Week. We have a limited number of parking places. Please collect your ticket from our information stall inside John Lewis.

**'Move More' Carers' Walk**  
10:30am - 1pm, guided walk leaving from John Lewis Café.

## Moor Market

Carers Centre stall with **Cavendish Cancer Care**, 11am-1.30pm

**Moor Market traders offering discounts\***: 10% off at Moor Cobbler Shoppe; various offers at Sew-Rite; 10% off at Infinity Nails; discounts on brow treatments at M&A Hair and Beauty Salon. Find more offers at SheffieldCarers.org.uk/CarersWeek \*offers available during Carers Week only

## Sheffield Carers Centre

organised activities; venue as detailed

Carers Centre at **Northern General Hospital**, Huntsman building 11am-1.30pm

Carers Centre at **Royal Hallamshire Hospital** B Floor entrance 11am – 2pm

**Shared Reading group** 2pm - 3:30pm, Sheffield Carers Centre. Led by Libraries Sheffield

**Legal Q & A** provided by Fiona Shah of Wrigleys Solicitors. 10am - 12noon, Sheffield Carers Centre.

**Training for Professionals** working in Adult Social Care services. 1:30pm - 2:30pm & 3pm - 4pm, Sheffield Carers Centre

**Carers Café**, 10am-12noon Central United Reformed Church, Norfolk St. S1 2JB. Free First Aid course, Quiz and Choir (with sing-along)

## Other carers' events

### Charity Pub Quiz

The Harlequin, 8.30pm  
108 Nursery St. S3 8GG,

£2 entry with prizes for the Winners. Raising money for Sheffield Carers Centre

### Lowedges Carers Group

10:30am - 12:30pm, Terminus Café, 240 Lowedges Rd. S8 7JB

**Zest and Hillsborough Carers Group** 1pm - 3pm, Community room, Morrison's, 699 Penistone Rd. S6 2GY. Featuring chairbics and mindfulness

**North Sheffield Carers Group** 7pm - 9pm, Ecclesfield Support Unit, 712 Wordsworth Ave S5 9JN

**Stroke Support Group** 10:30 - 12noon, Sheffield Carers Centre

**Woodhouse Carers Group** 10:30 - 12noon. Salvation Army Hall, Tannery St. S13 7JW

Sheffield Young Carers' **paper chain parade**, Debenhams, The Moor to Hallam Sq. Leaving 5pm promptly

**Sheffield Young Carers** record-breaking **paper chain**: young carers and their supporters are decorating links to encourage the public to #thinkyoungcarer Visit their stall in Debenhams on The Moor, 10am - 4:30pm, Mon - Thu



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Sheffield Carers Centre  
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**Carers Week** 10 - 16 June

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