

Can I have some counselling please?

What is power of attorney?

Am I a carer?

Do you provide unpaid care?
Got Questions?

I don't know where to start...
Can you help me?

Can I claim Carers Allowance?

Sheffield Carers Centre
has got answers.

Where do I go to get employment advice?



sheffieldcarers.org.uk



0114 272 8362



office@sheffieldcarers.org.uk

How can I take a break from caring?

