



To celebrate Carers Week 2015, Sheffield Young Carers Project, in partnership with Sheffield Hallam University, invites you to:



Move to the Beat for Carers Week!

Tuesday 9th June 2015, 5:00 – 7:00pm

Hallam Square, Sheffield Hallam University, Howard Street, S1 2PR

An evening of dance and drumming

For carers and non-carers, old and young ...shake off your troubles and have some fun!

This event will be a chance for you to:

- Find out more about the experiences of young carers and what SYC can offer to help
- Help make Sheffield a carer-friendly city
- Move, clap or just watch and have fun!

**No need to book –
just hit the street and move to the beat!!**

Sheffield Young Carers Project (SYCP) is a registered charity that supports young people aged 8-25 who have caring responsibilities.

**For more information,
visit www.sheffieldyoungcarers.org.uk
or call (0114) 258 4595**

SYC would like to thank Margaret Davies (Movement Medicine), Jon Weaver (Djembe Weaver) and Mike Easdown (Sheffield Media Services).

With special thanks to Sheffield Hallam University for their support with this event.

