



New drop-in advice sessions for carers

Carers in Sheffield is now piloting drop-in advice sessions for carers.

You may find it easier to have that first discussion face-to-face rather than on the phone, or your caring situation may make it difficult for you to talk privately on the phone. If so, the drop-in is for you.

Short sessions of up to 20 minutes are now available for carers to access advice and information related to their caring role from one of our Carer Information and Support Workers each Wednesday, 10am - 12 noon.

If further support is required beyond the 20 minutes, this will be arranged with you at the time. Normally this will be followed up by telephone through the support and information line. Support in Urdu and Punjabi will be available at most sessions, though this cannot be guaranteed.

No booking is necessary – just turn up at the Carers Centre on the day. For more details, click [here](#).

Unfortunately we are unable to offer a drop-in service at other times. However, our Information and Support Line is open Monday to Friday, 9.00 till 6.00, on 0114 272 8362.

If you are already receiving support from one of our Carer Information and Support Workers about your enquiry, you are advised to continue with telephone contact through the Information and Support Line, as they know you and your situation.