



New Carers Group Launched

Unpaid carers, working REACH South Sheffield and Sheffield Carers Centre, have launched a new Carers Support Group after a month of outreach in Gleadless Valley.

Taking place in Newfield Green Library, on the third Thursday of every month, carers will be running a support group for each other that allows them to socialise, get advice, information and support, and meet new people.

This is the latest group that Sheffield Carers Centre has helped create, with a [dozen now running regularly in Sheffield](#), in addition to the Carers Centre's monthly [Mental Health Hub](#) and [Carers Café](#).

The [outreach](#) lasted a month, consisting of highly targeted campaigning and awareness raising.