



## Have you got in touch?

If you receive our newsletter, we need to make sure we have your email address so [please click here to complete this short form](#) as soon as possible. If you don't have an email address, we need to know this so **please phone 0114 272 8362 today**.

Every week people's caring responsibilities come to an end as their circumstances change. **If you are no longer a carer, please let us know.**

We need to make sure that if you're currently a carer, we can continue to contact you.

We have changed our newsletter so it is now emailed and carers will receive it more frequently than previously. It will have the latest updates on services, useful advice and new *Carer Card* offers. We want to make sure as many carers as possible receive this.

If you do not have Internet access, you will still receive communications from us, but it won't be the same as before. *Connect!* the newsletter we have published and posted out to carers has to change due to the huge cost of designing, printing and posting and so that we can move into the digital age.

Thank you for helping to keep our records up to date and to make sure we are connected to all carers!