



## Extended rights will enable easier flexibility for working carers

Changes to employment law came into force in June 2014 that extend the right to request

flexible working to more carers. The new law states that anyone who has worked with their employer for more than 6 months can request flexible hours, for any reason. As Helena Herklots, Chief Executive of Carers UK, says, "Some carers have been reluctant to request flexibility at work as they felt they were asking for special treatment. Now that all workers will have this right, we hope that workplace culture will grow even more accepting of staff requesting flexibility for a variety of reasons to balance work with different parts of their lives." For more details on this, please visit <http://www.carersuk.org/news-and-campaigns/news/new-rights-will-normalise-flexibility-at-work>.

Carers UK has further information about flexible working, and the different forms this might take. It also explains how to deal with any disputes with your employer about flexible working. This information can be found through [Your Right to Flexible Working](#), and can be downloaded as a pdf too. If you would like to speak to someone further about this, Rob Lawson, from Keeping Carers in Mind in Sheffield, can offer guidance and support with this - his details can be found on our [Employment support page](#).