

# carers café

Chat with other carers & find out how the Carers Centre can help you

Upstairs in the Central United Reform Church  
Norfolk Street, Sheffield (lifts available)

10am—12pm

## 2018 Dates:

12 Jan	11 May	14 Sept
9 Feb	8 Jun	12 Oct
9 March	13 July	9 Nov
13 April	10 Aug*	14 Dec

\*The August café will be at the Carers Centre

Sheffield Carers Centre  
Concept House, 5 Young Street  
Sheffield S1 4UP  
Tel: 0114 278 8942

[www.sheffieldcarers.org.uk](http://www.sheffieldcarers.org.uk)



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