



State of Caring Survey 2018

Hearing from carers is one way that the national charities who campaign on your behalf are able to make change when talking to the government.

Last year over 7000 carers shared their experience which allowed Carers Trust and Carers UK to highlight the impact of being a carer to the media, in dozens of evidence submissions to Parliamentary and Government consultations and in reports that influence decision makers and policy makers in a wide range of areas.

In this year's survey they will ask about what life is like now, and what needs to change.

This is the most extensive survey into carers' experiences in the UK. As a result, it will take at least 20 - 30 minutes to complete - so grab a cup of tea and get comfy! Please note that this survey is for those caring unpaid for a disabled, older or seriously ill relative or friend. You are able to skip most questions in the survey.

If you don't have much time, then answering the questions with the tick boxes is very much appreciated. However, the more information you give, the picture of caring this gives will be more comprehensive. There is a space to hear about your experiences – good or bad – in as much detail as possible, so if you have more time, please use the comment boxes.

[Click this link to fill in the survey.](#)

Everyone at the Sheffield Carers Centre is encouraging you to fill in this survey. It's the best and most effective way to make sure that you are helping make being a carer easier and more sustainable.

It's really important you, and other carers have their say, so that you can all be listened to, and advocated for. With the Green Paper on Caring being released soon, now is the time to make sure your voice is heard.

[Click here to complete the survey now.](#)